

Chikungunya, Dengue & Zika Viruses

KNOW THE FACTS

Bureau of Epidemiology and Disease Control Services
Office of Infectious Disease Services

What are These Viruses?

Chikungunya, dengue and Zika viruses are transmitted by mosquitoes and can be serious diseases if not recognized and treated early. Symptoms can start about one week after the mosquito bite.

What are the Symptoms?



fever



chills



rash



joint or muscle pain



body aches



nausea

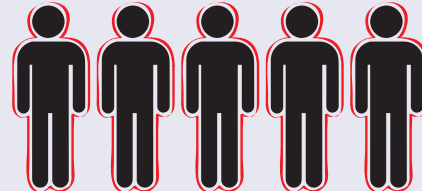


vomiting



red eyes

How do These Viruses Spread?



Aedes mosquito bites someone infected with the virus.



Aedes mosquito becomes infected and continues to spread the virus.



Aedes mosquito infected with the virus bites healthy people and the cycle continues.

How can I keep Myself and My Family Safe?



Remove standing water around your house and yard.



Protect yourself from mosquitoes all day long.



Use screens on windows and doors.



Visit your doctor immediately if you feel sick.



Wear bug spray



Protect yourself from mosquitoes when traveling to areas with these viruses.

Contact

Local County Health Department
OR
AZ Department of Health Services
Office of Infectious Disease
602-364-3676
www.azhealth.gov

For More Information:

www.azhealth.gov/mosquito • www.cdc.gov/zika
www.cdc.gov/dengue • www.cdc.gov/chikungunya



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